



Contemporary Dance Workshop

Additional Trip Information for Students and Parents:

Trip Leader	Mrs Withington
Activity	<p>This exciting activity is a 'first' for SNHS. It will be based on a series of practical sessions so expect to work hard and to really enjoy the challenge.</p> <p>There will be a careful warm-up session at the start of the day and a discussion about the different approaches to contemporary dance. Students will have a full class led by expert guest teachers who have a wealth of experience in this form of dance.</p> <p>There will also be an opportunity to develop choreographic skills and to share in the development of a collaborative dance piece.</p> <p>This is a practical day and full engagement is expected.</p>
Date	Full day activity per allocation sheet
Meet at:	Lower School Dance Studio
Finish:	3:25pm at Lower School
Equipment to bring	<p>Students should wear 'dance' clothing or appropriate leggings/joggers and t.shirts that allow full movement with layers to keep warm.</p> <p>Hair should be tied back, jewellery should be removed and students will work in bare feet.</p> <p>Students should also bring a refillable water bottle to this session.</p> <p>Do not bring anything valuable that could be lost or damaged as the school will not be held liable. You are required to take responsibility for all your own equipment and property.</p>
Meal Arrangements	Packed lunch or school canteen. Bring a refillable water bottle
PLEASE NOTE:	Acceptance and participation on this trip is subject to adherence to the School's Code of Conduct on behaviour. Any student who has shown, or does show a persistent reluctance to adhere to it, may be removed from the trip without reimbursement.
<p>Please advise the Trip Leader in advance of the trip if you have any concerns of a medical, physical or dietary nature, which may impact or limit your child's capacity to participate in any aspect of this activity.</p>	

