



Sea Kayaking & Stand Up Paddle Boarding

Additional Trip Information for Students and Parents:

PLEASE NOTE: Different arrangements will be in place for the Thursday group and details will be provided separately.

Trip Leader	Mrs Smith
Activity	Using the calm, sheltered waters of Port Erin bay we will spend the day trying our hand at both sea kayaking and stand up paddle boarding. Both sessions will be led by qualified instructors, supported by SNHS staff. This is a whole day activity and you WILL get wet.
Date	One full day – per allocation letter
Meet at:	Lower School, Room L102 at 8.40am
Finish:	3:25pm at Lower School
Transport	Will be provided to and from Port Erin.
Equipment to bring	If you have your own wetsuit you may bring it with you but wetsuits and buoyancy aids are provided. You will need to bring a full change of clothes, a swimsuit (for underneath your wetsuit), old trainers (not crocs or flip flops) that will get wet, a towel, lots of water and your lunch. Do not bring anything valuable that could be lost or damaged as the school will not be held liable. You are required to take responsibility for all your own equipment and property.
Meal Arrangements	Bring a packed lunch and lots of water to have at the Beach. You may wish to bring a small amount of money to buy an icecream or snack. This is at your own risk, the school will not be responsible for any loss.
PLEASE NOTE:	A Trip declaration form will be issued to you. This must be completed in full and returned to the school office before Activity Week or your child will not be able to participate on the trip. Please ensure you provide full details of any dietary / medical / physical limitations and requirements.
Acceptance and participation on this trip is subject to adherence to the School's Code of Conduct on behaviour. Any student who has shown, or does show a persistent reluctance to adhere to it, may be removed from the trip without reimbursement.	
Please advise the Trip Leader in advance of the trip if you have any concerns of a medical, physical or dietary nature, which may impact or limit your child's capacity to participate in any aspect of this activity.	

