



Glen Maye to Peel Coastal Walk

Additional Trip Information for Students and Parents:

PLEASE NOTE: Different arrangements will be in place for the Thursday group and details will be provided separately.

Trip Leader	Miss R White
Activity	Enjoy the views along the Coastal Path starting from Glen Maye Waterfall and walk north along the Raad Ny Foillan coastal path, ending up at the beach in Peel. We will enjoy a picnic lunch (packed lunch required) along the way. Finishing up in Peel where you can enjoy an ice-cream on the beach! It is a great way for students to discover the pleasure of walking and experience areas of the Island that they've never seen before!
Date	Full day activity per allocation letter
Meet at:	8:40am Lower School Assembly Hall
Finish:	3:25pm at Lower School
Transport	Will be provided to Glen Maye Waterfall and from Peel back to school
Equipment to bring	Please see equipment list below. Do not bring anything valuable that could be lost or damaged as the school will not be held liable. You are required to take responsibility for all your own equipment and property.
Meal Arrangements	Bring a packed lunch, snacks and plenty of water. You will have to carry your own lunch, snacks and water so a small backpack is advised. You may wish to bring a small amount of money to buy an ice-cream or snacks in Peel. This is at your own risk, the school will not be responsible for any loss.
PLEASE NOTE:	Please be aware, public toilet facilities will only be available at the start and end of the walk at Peel beach. Acceptance and participation on this trip is subject to adherence to the School's Code of Conduct on behaviour. Any student who has shown, or does show a persistent reluctance to adhere to it, may be removed from the trip without reimbursement.

Please advise the Trip Leader in advance of the trip if you have any concerns of a medical, physical or dietary nature, which may impact or limit your child's capacity to participate in any aspect of this activity.



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Equipment Checklist

It is a great way for students to discover the pleasure of walking and experience areas of the Island that they've never seen before! However, having the right clothing and equipment will ensure that this is the case.

Clothing

As you know, Manx weather is fairly unpredictable and, although the long-term forecast looks reasonable, it is best to be prepared for all weathers.

- Light cotton trousers – wet jeans can be heavy and very uncomfortable. If nearer the time the forecast looks good, shorts may be appropriate.
- Upper body layers – a t-shirt and/or a long sleeve top.
- A fleece / pullover – it may be cooler and windier on the coastal path than it is in Peel.
- A warm hat or Sun Hat
- A waterproof top layer – ideally a lightweight cagoule.
- Thick socks and walking boots (ideally) or robust trainers. It may be wet and boggy underfoot in places. Whatever your footwear, it is essential that it is **comfortable**.

Other items

- A rucksack – comfortable and ideally waterproof.
- Packed lunch and mid-morning snack.
- Water (at least one litre) or another drink if you prefer.
- Sun cream – check the forecast.
- Staff will be carrying first aid kits, but you may wish to bring your own plasters, Blisteze etc. in case of blisters or chaffing.
- Small amount of money (optional) to purchase Ice-cream or snacks at Peel Beach

Please do not hesitate in contacting Miss White if you have any questions or concerns about any aspect of the walk.

