

St. Ninian's High School



Written by our current Year 7 Core Skills students during lockdown,
to help Year 6 students learn about life at SNHS.

A-Z ST.

NINI'IAN'S

HIGH

SCHOOL





Alpha Group

Written by Klaudia, Alex P and Chloe from 7C

The Alpha Group is a great thing to achieve. It is where you wear a badge to show how hard you have worked. To be in the Alpha Group you have to work hard, have good behaviour and always show interest in everything you do. You should always try your best, and try to engage in every subject, so that you can get a really good report.

At the end of each term you will see if you have made it into the Alpha Group. If you don't, don't worry because you can work even harder to get into it after the second term.

If you do get in, you will have a rose gold badge. When you are walking round school with your badge you can feel really proud of yourself for working so hard and getting into the Alpha Group.





Attendance

Written by Megan C, Sacha and Katie from 7C

Attendance is important because when you are absent it affects your learning and progress.

If you try to be in school every day, you will get 100% attendance each week. If you get 100% attendance each term you get a special treat - you may even be awarded an accolade!

If you are late to school, then you will get a late mark from your Tutor and that will affect your punctuality. You need to be in school before 8.40am (before the bell goes) and if you come afterwards it means you are late.

You should also remember to go to the toilet before the school bell; at the start of the day, at break time and at lunch time.

You will then be sure to arrive ontime for lessons and stay in them!





Aspire

Written by Joseph, Kyle and Alfie from 7D

For A in the A-Z of St. Ninian's High School we have chosen Aspire, which means to direct your hopes to a particular goal in school or in life.

At St. Ninian's, the logo has recently been changed from a Viking longboat to a new Viking longboat with 3 words including Respect, Aspire and Empower. Aspire can be directed to develop your hopes and ambitions. For example, you might want to get 200 merit points in the reward system, or you might want to become a fireman.

It is important that we aspire to achieve our goals. Sometimes this may mean asking for help - you will always find a teacher around - by putting your hand up or going to their desk. Even if it's break or lunch, you will always find a teacher around somewhere to help you achieve your goals.



Buses

Written by Déaglán, Toby and Reuben from 7F

Many students travel by bus to and from school. If you do, make sure your Go School card has journeys on it. You will need to top it up with your money.

At the end of the day, you will queue up for your bus at the bus stop, which is straight in front of the school entrance. Make sure you know your bus number before you get there and then you won't have to stress about trying to find your bus. Also, make sure you know your bus times well.



Clubs

Written by Toby, Michael and Lewis from 7F

Illustrated by Graiagh Smith from 7B

There are many clubs at St Ninian's. You can find out what clubs are on, by looking on E-praise. This will tell you the time and location of every club.

If your club is during lunchtime, you can ask for a lunch pass. This means that you can get into lunch early so that you can arrive at your club on time. Different clubs include, Art, Sport, Zentangle and Card Club. Zentangle Clubs include activities like drawing and crafts.

Some sports clubs are after school and you can see these on the message board in the PE corridor. Some of the different sports clubs include basketball, football, girls hockey, girls netball and loads more. Make sure that you have your PE kit in school on the day of the club. Most after school clubs start at 3.25PM and end by 4.25PM.



Curiosity Cabinet

Written by Chloe from 7C

I think having a Curiosity Cabinet at St Ninian's High School gives you a great opportunity to use your thinking, investigation and communication skills.

A mysterious item is placed in the cabinet every week which is located outside the Core Skills Office. You have to work out what the item is, either on your own or with friends. You write down your answer on a postcard (which is provided) and pop it in the post box.

Everyone who has a go receives an epraise point for trying and those people who have guessed correctly what the item is, receive a certificate and are then entered into a prize draw at the end of each half term..

I think that this is a really rewarding way to learn, whilst improving your Critical Curiosity.





Epraise

Written by Amber & Caitlyn H from 7H and Alex from 7G

Epraise is a points system for all students. When you do something well, e.g. you hand your homework in on time or complete a great piece of work, you will get points. You can also get epraise points for; effort, achievement, being kind, making a contribution to class and the Elli Dimensions. You can get accolades too. These give you 5 epraise points. Accolades are given out by subjects when you have completed really good project work including posters. These will help boost your total points to spend.

Your teacher will put an Epraise point onto your account. When you get a number of Epraise points you will be rewarded with a milestones certificate. They are named after precious metals and gems. There is Bronze, Silver, Gold, Sapphire, Ruby and Platinum.

There is an app that you can get on your phone to keep track of how many epraise points you have. With your points you can buy prizes e.g. skip the lunch queue pass, getting your choice of trips in Activities Week. You can even donate your epraise points to a charity of your choice!



ELLI Dimensions

Written by Florence, William and Scarlett from 7G

Illustration by Ellie from 7C

At your primary school you may have had the 6 R's. The ELLI Dimensions are similar to the 6 R's, except we have seven and they are all represented by animals.

Creativity: being inventive in your thinking and doing.

Meaning Making: making sense of your learning by connecting your ideas together.

Learning Relationships: working effectively as part of a team.

Critical Curiosity: delving deep into your topic, asking questions.

Resilience: keep trying even when things are difficult. Don't give up.

Changing and Learning: becoming a better learner, developing a growth mindset.

Strategic Awareness: having a plan or sense of direction in your learning.

We learn about the ELLI dimensions to improve our mindset in learning and to become better learners for our future lives.





Expectations

Written by Nathan, Awande, Micah and Lewis from 7C.

Every teacher at St. Ninian's High School has high expectations.
St. Ninian's High School expects you to do the following:

Classroom Expectations

- Arrive for lessons on time and be ready to learn.
- Remain silent when being spoken to.
- Stay on task and don't disrupt people who are working.
- Follow instructions first time, every time.
- Always show respect towards students, staff and visitors.
- Avoid physical contact with others.

Friends

Written by Eden, Matthew G and Lee from 7F

Finding friends is something you may be worried about going into Year 7, but there is nothing to worry about! There are lots of new people to meet and new clubs to attend, where you can talk to new people. There are lots of new opportunities in high school, so you can make friends with people outside of your tutor group. You can be friends with anyone in school - you will be with other people in games and clubs, so it will not be hard at all!

So don't worry about going into Year 7 because there is nothing to worry about. It is so easy to find new friends in high school. There are also breaks and lunchtimes where you can go onto the field or stay in school and talk to new people. There are also plenty of socialising events that you can attend, and in class you will be doing some group work, which can be very fun.



Games lessons

Written by By George, Harris, William and Ellis from 7E, and Juan, Oisín and Kieran from 7B

Games lessons are really fun! You get to take part in activities with your friends and other people in your Year. You get to do sports like cross country, netball and football. It's important to take part in games as it builds your teamwork skills, you get to stretch your legs, and you also get some exercise between lessons.

We have lots of school teams you can join too. These include netball, basketball, hockey, football, rugby, rounders and many more!

The teachers are really nice and encourage you to try your best. Games is a double lesson and PE is a single lesson. After school, there are fixtures for the school sports teams where you compete against other schools.

For lessons you will need a SNHS sports kit.

- Girls need shorts/skorts, a T-shirt, blue knee high socks and plain white ankle socks, trainers and astros (if you want) and a school hoodie.
- Boys need shorts, a rugby shirt, blue knee high socks, trainers/ astros and a school hoodie.

If you forget your kit, the PE Department have spare, but you are expected to bring your own!

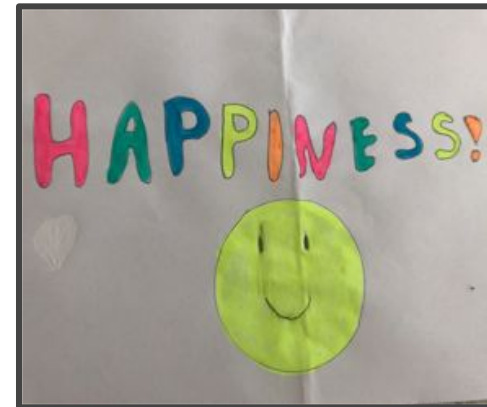


Happiness

Written by Macy, Lauryn and Phoebe from 7D.

At St Ninian's High School, always try to smile because it makes everyone's day better!

Life isn't always easy at school but trying to smile and be positive can often make another person feel much happier if they are having a bad day.



Home time

Written by Lennon, Lenny, Bryan and David from 7B

Home time is at the end of the day (at 3.25pm after period 6).

As soon as the bell goes, there is a big rush for the door. We walk home, but you can take the bus, or your parents can pick you up instead.



Homework

Written by Freya, Graiagh and Evie from 7H

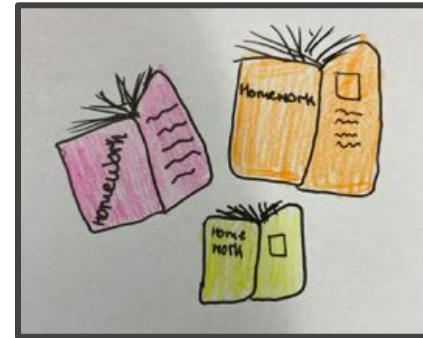
Homework is challenging but mostly interesting. Going from Primary School, where you got hardly any homework, to High School is quite stressful to start with, but don't worry, you'll soon get the hang of it!

You can get homework in any lessons, even Games! If you don't get your homework done or need some help, you can go to Supported Study at lunchtime. Homework Club is after school, where you can catch up on your work.

If you have any questions about your homework make sure to ask questions and write it down in your planner. This makes sure that you don't forget about it.

Tips:

- Do your homework the night you get it in case you get more the next day.
- Don't worry about your homework, just try and get it done on time.
- When you are doing your homework make sure you have nothing around to distract you.
- Don't put it off, just get it done!



Improvement Project

Written by Toby, Dèaglàan and Reuben from 7F

The Improvement Project is a Core Skills project. This is a subject where you learn how to become a better learner and think about things like resilience and self-awareness.

The project is about learning a new skill and then improving it. This skill could be anything at all, as long as it's challenging. Some examples are learning to solve a Rubik's Cube or improving your handwriting. You might want to learn a new language or learn to cook. You will record your improvement over a four week period and then there will be a big exhibition in the hall where you will present your project to the other students and your families. It's brilliant!



Journey

Written by Sinead, Yarden and Robyn from 7H

When you start thinking about moving to St.Ninian's Lower School, you are continuing your journey from your primary school to this school. Going into high school is quite a scary experience at the start. As you make your journey from Day 1 to your last day of Year 7, it does get less scary and more comfortable.

Your journey through this school will not only determine your future but the impression other people have about you, so it is important that you begin with a good start. Don't forget, you will be rewarded if you make a good journey through this school. Good luck!



Kindness

Written by Scarlett, Ella and Kasia from 7D

It is always important to be kind to others. We should love and take care of each other, because when you are nice to people, they are nice to you. Being kind can also help you to make new friends.

Kindness is also an important part of teamwork, when you are working in groups. To ensure your work is to the highest possible standard try to communicate well with everyone. Think about the words that you use when talking to others.



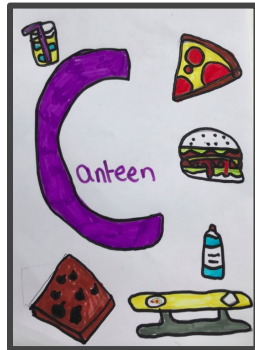
Lunch

Written by Eealish, Lilli and Maria from 7F

Lunch is the best time of the day! You can either eat inside or outside. There are three sittings during lunchtime and every year goes in separately. The first sitting goes in straight away, then the second and then the third.

First sitting lines up outside the Canteen, the second sitting lines up by the lockers near the Canteen, and the third sitting line up in the Languages corridor.

During lunchtime you can go outside and you can go onto the field if it's not wet. If you do a lunchtime club, you get an early lunch pass which means that you can go in early for your lunch.





Making new friends

Written by Naomi, Ryan and Ruby from 7B

We think that it is very important to make new friendships when you get to high school. If you want to find some new friends, the best way to do this is by eating with people in the canteen, meeting people during lunch time clubs, socialising with people in your tutor groups, meeting people in different lessons and taking part in Sports fixtures.

You should try to make new friends because then you will have more people to play with, and you can have a lot more fun if you have more friends. This definitely makes high school so much more fun.

We hope that you make new friends and have a wonderful and amazing time at St. Ninian's High School!



Motivation

Written by Ben, Josh, Aaliyah from 7D

You need to be motivated to do your work well. To be motivated means that you really want to do something, especially something that involves hard work and effort.

If you are not motivated then you won't complete your best standard of work. If you are motivated, then you will complete some amazing work and you will be so proud of yourself!





New Lessons

Written by Ben, Josh, Aaliyah from 7D

At SNHS, you will attend classes that you might not have done before e.g. Spanish, French, Computing, Drama, Resistant Materials, Geography, Art, History, Religious Studies, Core Skills, Music, Food Technology.

When you go to your classes they will be easy to begin with, so don't worry! If you do find the classes hard at first, don't worry, you will get used to them. Be determined and you will succeed.

In Tutorial, you will receive a School Planner. You will write your timetable into it and be able to see your lessons, teachers and room numbers.

Don't worry! You will learn where you need to go in no time at all! Just remember, try to get to your classes on time and be polite. Good luck!



Opportunities

Written by Charlie from 7G

There are many great opportunities at St Ninian's, especially with Sports. You can join loads of different sports groups or teams throughout the year, such as basketball, football and hockey.

However, if you're not the sporty type you can join a great variety of other clubs at Lunchtimes. There are clubs for your subjects (i.e. History, English, Maths etc). There are also clubs such as Zentangle, Card games, Keyboard club and Choir. You will also get to go on loads of trips on and off- island and these usually take place in Activities Week at the end of the year. Don't miss the Year 7 trip to the Wildlife Park!



Organisation

Written by Phoebe, Imogen and Lucie from 7H

Always keep your things organised so they are easier to find. Try to pack your books, stationary, planner and everything else you need for the day the night before, so you're not rushing around in the morning. Remember, when you are frustrated and have a bad morning, the rest of your day is likely to be stressful too!

You can write your timetable in the back of your planner. If you do, you are more likely to be more organised and not be late to a class. If you get homework, write it down with the due date so you don't end up handing it in late.

Top tip: Don't stress. Do your homework the day it's set.





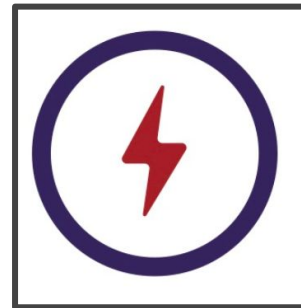
Playing your P.A.R.T.

Written by Leah, Molly, Ethan C, Ethan R from 7E

- P. Present and punctual
- A. Have a positive attitude towards learning
- R. Respect yourself and your environment
- T. Test and challenge yourself regularly

We expect everyone to play their P. A.R.T at St. Ninian's High School

Numbers show that regular attendance in lessons is one of the key indicators of how successful you will be in achieving good exam results. A positive attitude to your learning will mean that you will learn well and be successful. Students who embrace a challenge are definitely more successful.



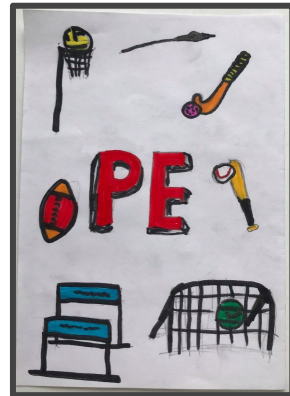
P.E.

Written by Lauren, Hattie and Ryan from 7C

You will make loads of new friends during P.E. at St Ninian's High School because it is a perfect place to socialise with friends and other people. At Lower School, P.E. is fun because you get to play games and play your favourite sports. You also learn how to play sports that you might not have played before.

When you take part in fixtures, you get loads of opportunities to play against other schools. You can also take part in Sports Day and competing in Cross Country.

P.E. is the best subject if you like sports. It's so fun!



Planners

Written by Freya, Graiagh and Evie from 7H

Planners are very useful in high school because you can track your homework by writing down when it's due. At the back of your planner you can write down your timetable and include things such as the room your lesson is in and which teacher you have during that lesson.

Your planner has all the information about Epraise points. It has maps of the school, information about the Elli Dimensions and your web, a section for attendance notes and report tracking.

Using a planner is easy as it keeps your homework on track, reminds you about due dates for your homework, records your Epraise points, behaviour marks and a whole bunch more.

Your Tutor signs your planner every week and records your merits and behaviour points.

Just make sure to get your parents to sign your planner every week. That way the teachers know that you've done all your work.



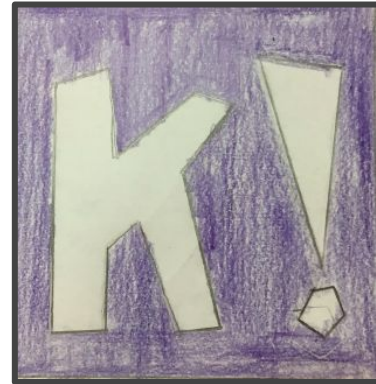
Quizzes

Written by Ryan from 7F

Kahoot!: Kahoot is a quiz app where you and your classmates play a variety of quizzes in teams or as an individual. The quiz can be about the subject you are studying in the lesson. You and your friends choose a nickname, then you are given a choice of four answers to pick. The team/person with the most points at the end wins!

Sumdog: Sumdog is a maths website/app where you and your friends enter games. The aim of the game is to get the most points and win. You sign up as your character and compete in fun maths games. There is a wide selection of mini games to play such as: animals, junkpile, glider 3D, go kart 3D and football.

Quizlet: Quizlet is a web-based study app. On quizlet you can create your own games and quizzes to help you revise for assessments and tests. On quizlet you type in what you want to learn/revise and it generates questions to help you learn. Teachers also create quizzes for you to play at home for homework.



Rules

Written By Sarah, Cynara, Summer, Dapo from 7A

Like all schools, St. Ninian's High School has rules. They are not unreasonable, and they're not hard to follow. If you break the rules, then you'll receive 2 warnings. If you break the rules again you will given a Stage 3 sanction, which is a break time detention during the following day's break. These stages carry on, or they can skip to a higher stage if you repeatedly break the rules.

Some rules include:

- Always be pleasant and polite
- Walk calmly in the corridors
- Always wear the correct uniform
- Do not use your device in "No phone" zones
- Do not take food out of the canteen (except water)

Those aren't all the rules - there are others. You can find them inside your planner. Remember though that there are lots of rewards when you follow the rules.

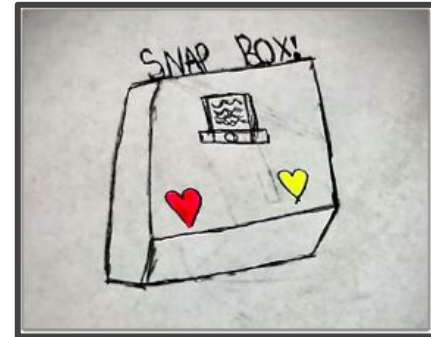


Snap box

Written by Holly, Rhianna and Stella from 7H

The Snapbox is a white box that can be found outside Mrs White's office and outside the Student Support area. This box is used as a secret message sender. You write a message, pop it in the box and staff will be willing to talk to you or solve your issue. For example, if you're being bullied, the Snapbox is a perfect way to express how you're feeling !!

Remember, never be shy about using this method of speaking up. Student Support are always there to help and they get things sorted out very quickly! The St Ninian's Anti-bullying Ambassadors are great too.





Sports

Written by Dean and Callum H from 7B

At St. Ninians High School we have Sports lessons called P.E.

We have P.E. lessons 2 times a week with one a double lesson and one single lesson. You can also do extra sports in lunchtime and after school clubs.



Tutor Groups

Written by Ethan Brown from 7F

You will be with your tutor group every morning. Tutorial takes place between 8:40 and 9:10 am. It will start off with your tutor taking a register and then you will complete many different activities. Each week, usually a Monday, every student must have their planners signed by a parent or guardian. Your tutor will also tell you about any new rules and give you some general information - it is a very useful time.

You will also have an assembly and take part in PSHE (Personal, Social, Health and Economic Education). This is a big part of the tutorial; it is interesting and really enjoyable. You might also play some fun games depending on the occasion. Every student in school is part of a tutor group.



Understanding

Written by Macy, Phoebe and Lauryn from 7D

At St Ninian's, we need to have an understanding of what the teachers are telling us so that we can learn. We also need to try our best to be understanding to our classmates because sometimes they might need our help.





Uniform

Written by Shay, Chloe H and Chrystal from 7B and Milly, Ella and Macey from 7E

Uniform is an important part of being a student at St Ninians High School and wearing the same uniform creates a team feeling in our school. The school uniform consists of a white shirt with a collar and school tie. You can wear grey or black full length trousers and a grey or black skirt (at appropriate length) if you are a girl. We also wear a black blazer with the school logo.

Everyone knows what the St. Ninian's uniform is like and wearing the uniform correctly is really important. Always have good behaviour when you are walking home because it sets a good example for the school.

Also remember that you are not allowed to wear a lot of jewellery and absolutely no swot knots!



Variety

Written by Macy, Lauryn and Phoebe from 7D

In Year 7, we do a variety of subjects and learn lots of skills. It's important to learn about lots of subjects so that we are good as at many different things as possible.

“Variety is the spice of life!”



Willing

Written by Yarden, Robyn and Sinead from 7E

Students at St. Ninian's need to be willing to listen, contribute and take responsibility for their work and others around them. If you don't, then your life at St. Ninian's Lower School will be hard but if you are willing to contribute, listen and take responsibility it will be easy. For example, by saying you are willing to take responsibility means that you have to bring all of the equipment that is needed on that day and not forgetting your P.E kit or your tie and blazer. You also need to make sure you have the correct books. As well as that you need to take responsibility for your work; you need to hand it in on time and complete it. At St. Ninian's Lower School we expect you to be willing to complete challenges, take risks and do stuff you have never done before. Your journey at St. Ninian's will be full of challenges so you will need to take a chance and be willing.



Xmas

Written by Phoebe, Lauryn and Macy from 7D

X is for Christmas. We always decorate the school for Christmas time and have a Christmas Fayre near the end of the year. This year it was brilliant! When we decorate, we always have a big tree in the entrance of the school and it has lots of sparkly lights. 🌲🎉





You

Written by Lilli-Mae and Lauren H from 7I

Here at St Ninian's there are certain expectations for our students. We expect all our students to set a fantastic example to other schools on the Island. Apart from necessary rules we also would like all students to set goals and aspirations. Here are 3 helpful tips for starting at St Ninian's:

- When the warning bell rings get yourself to class because teachers will bring you in early.
- Invest in a locker. It will save your life. Each locker costs £5 and you keep it for 3 years. They are great for holding coats, bags and PE kits.
- If you are struggling with homework, all subjects will have homework help. This isn't a detention but a way of helping you learn. Sessions take place at lunch and after school, and you can stay for as long as you need to.

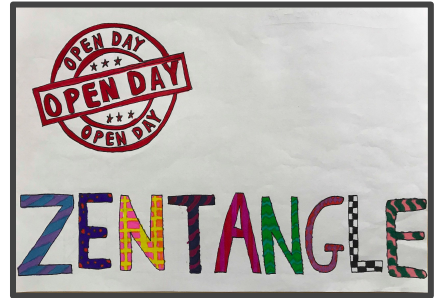
This was a whistle stop tour of helpful tips to get you through your first year at St Ninian's. On behalf of St Ninian's we hope you have a great Year 7 experience and take on these tips because they really help.

Zentangle

Written by Bree, Misha and James from 7A

Zentangle is a club that is run on Tuesday lunchtimes. It is like a Craft club and is run by Mrs Hunter. It runs from 1:15 until 1:40 in S206. In the club you get to make different things to sell for charity or for the students at school. Sometimes if you are making things for charity then someone from that charity will come in and you will maybe get a picture taken with them.

In Year 7 we have coloured in pictures with different intricate designs in them, and we have made origami Mother's Day Boxes and put chocolates inside them. We decorated them and sold them for Hospice. We have also knitted blankets for the kittens at the MSPCA. We designed posters so that the other students could see what we were selling. They then knew to bring in money to school to buy our products. It is fun to make lots of the different things to sell and you can get rewards for making them too!





Illustrated by Lilly from 7A