



A GUIDE TO **STARTING HIGH SCHOOL**

RESPECT • ASPIRE • EMPOWER



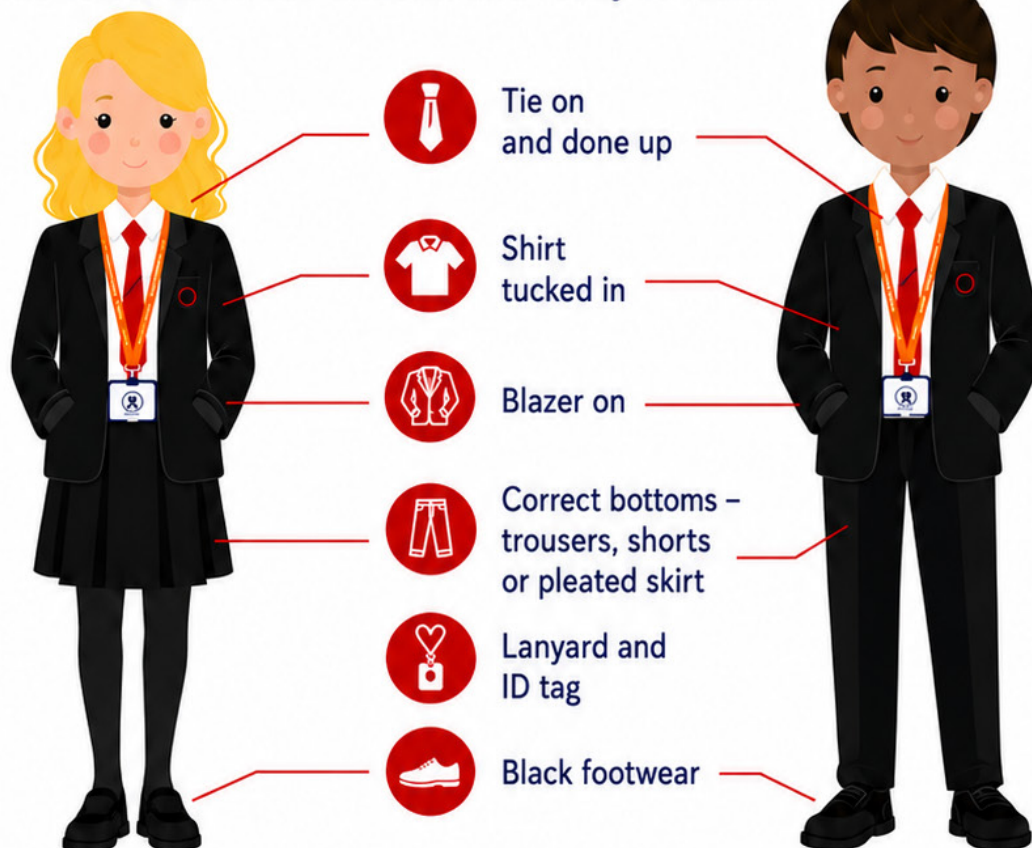
TIPS, ADVICE & ENCOURAGEMENT
FOR THE JOURNEY AHEAD



WELCOME TO YOUR NEXT CHAPTER

WHAT DO I WEAR ON MY FIRST DAY?

Come to school in full uniform and ready to learn.



For a full list of uniform including PE kits
please visit the school website snhs.sch.im

TRAINERS MUST BE ALL BLACK

Trainers should be plain black, including soles, logos and laces.

ACCEPTABLE



NOT ACCEPTABLE



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WHAT WILL I NEED FOR MY FIRST DAY?



1. Bring a bag for your books and equipment you need. This must be taken with you to every lesson.



2. Pack basic stationery such as pens, pencils, a ruler and an eraser. You will need maths equipment for when you have maths, including a scientific calculator.



3. Bring a snack or packed lunch if you are not buying food from the canteen.



4. To use your lunch card in the canteen, add credit online through ParentPay or bring cash to top up using the machines in reception.



Main meals
£2.40



Drinks
from **65p**



Top Tip:

Pack your bag the night before so you are ready for the morning.

WHAT SUBJECTS WILL I LEARN?

You will enjoy a wide range of subjects across the school week.



Some subjects will be new, and your teachers will help you settle in and enjoy learning them.

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WHAT THE SCHOOL DAY LOOKS LIKE

Your timetable shows you where to be, what subject you have, and who is teaching you each period.

Timetable for Student Name, 7C								
	P1 (08:50-09:40)	P2 (09:40-10:30)		P3 (10:50-11:40)	P4 (11:40-12:30)		P5 (13:20-14:10)	P6 (14:10-15:00)
Monday	Music E302 JGR	Mathematics L201 RBG	BREAK 10:30-10:50	Science S308 GOC, JAR	Modern Languages L113 MGL	LUNCH 12:30-13:20	Games DMU DMU	Computing L208 JQU
Tuesday	Geography L301 AMI	English L201 ABE, LJS		Modern Languages L113 MGL	Mathematics L201 RBG		Pshe L302 LEP, JAR	Drama L208 HWI
Wednesday	Art S203 GEM	Modern Languages L107 ZMT		History L307 MST	English L311 LJS		Science S308 GOC	Mathematics L201 RBG
Thursday	English L311 LJS	Science S308 GOC		Mathematics L201 RBG	Physical Education WSM WSM		Religious Education L304 RLA	Geography L301 AMI
Friday	History L307 MST	Tutorial L112 SMN		Design Tech S101 RDH	Design Tech S101 RDH		English L107 LJS	Games DMU DMU



DOORS OPEN
08:10



LINE-UP

Happens every morning in the school assembly hall at 08:40 A-Z for uniform, equipment check.



PRE-SCHOOL ACTIVITIES

8:10 am | School doors open for students

8:15 am | Pre-school activities begin



Canteen open



Supervised study spaces open



Pastoral support available



EXTENDED ENRICHMENT OPPORTUNITIES

3:10 pm | Extended opportunities begin

4:00 pm | Extended opportunities end



Supervised study spaces



Enrichment clubs and activities



Subject-based study sessions



School sports fixtures

HOW TO READ YOUR TIMETABLE



Read each day across from left to right.



Each day has 6 periods.



Morning classes are P1 to P4.



Break is between P2 and P3 (10:30-10:50).



Each box shows the subject, room and teacher initials.



Check the room code to know where your lesson is.



Use the subject, room and teacher initials to help you get ready.



Top Tip:

Check your timetable the night before so you know what to expect the next day.

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WHO CAN I TALK TO IF I AM UPSET OR WORRIED ABOUT ANYTHING, OR JUST NEED TO TALK?



You can speak to **any teacher**,
but the best people are:



Head of Year

They are here to
support you throughout
the school year.



Your Tutor

They know you well
and are there to
help every day.



**Any member of the
Pastoral Support Team**

They are here to listen
and support you.



We are here to listen.
Whatever's on your mind,
we want to help.



**We will keep things
confidential**, unless
we are worried about
your safety.



There is no such thing as
a small problem –
we are here for
big or small worries.



DOORS OPEN
08:10



LINE-UP

Happens every morning in the
school assembly hall at 08:40
A-Z for uniform, equipment check.



WHAT ELSE IS THERE TO DO AT ST. NINIAN'S?



There are lots of clubs offered throughout the week,
both at lunchtime and after school.

Our clubs are a great way of trying something different
and making new friends.



Choir



Chess



Art



**Creative
Writing**



Sports



Maths



Drama



Book Club



**Dual
Linguists**



**Creative
Writing**



BE BRAVE!

Everyone will be nervous so make the first move
and start introducing yourself to your new classmates.



STUDY YOUR DAY!

Know the timings of
the school day.



ASK FOR HELP!

No one will expect you
to remember or know
everything for the
first few weeks.



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OUR SCHOOL VALUES

When we meet again in September, I will ask every member of our Year Group to demonstrate our school values through their actions and behaviours every day.

OUR SCHOOL VALUES IN ACTION



RESPECT

by being kind

We treat others with kindness and consideration.



ASPIRE

by never giving up

We persevere and keep trying, even when things are difficult.



EMPOWER

by thinking positive

We approach challenges with a positive attitude and believe in our potential.

YEAR GROUP ETHOS



Be kind

Treat others the way you would like to be treated.



Never give up

Keep trying and don't give up on your goals.



Think positive

Choose positive thoughts and look for solutions.

INFORMATION FOR YOUR PARENTS

LOWER SCHOOL CONTACT DETAILS



Tel: (+44) 1624 648900



Email: SNHSEnquiries@sch.im



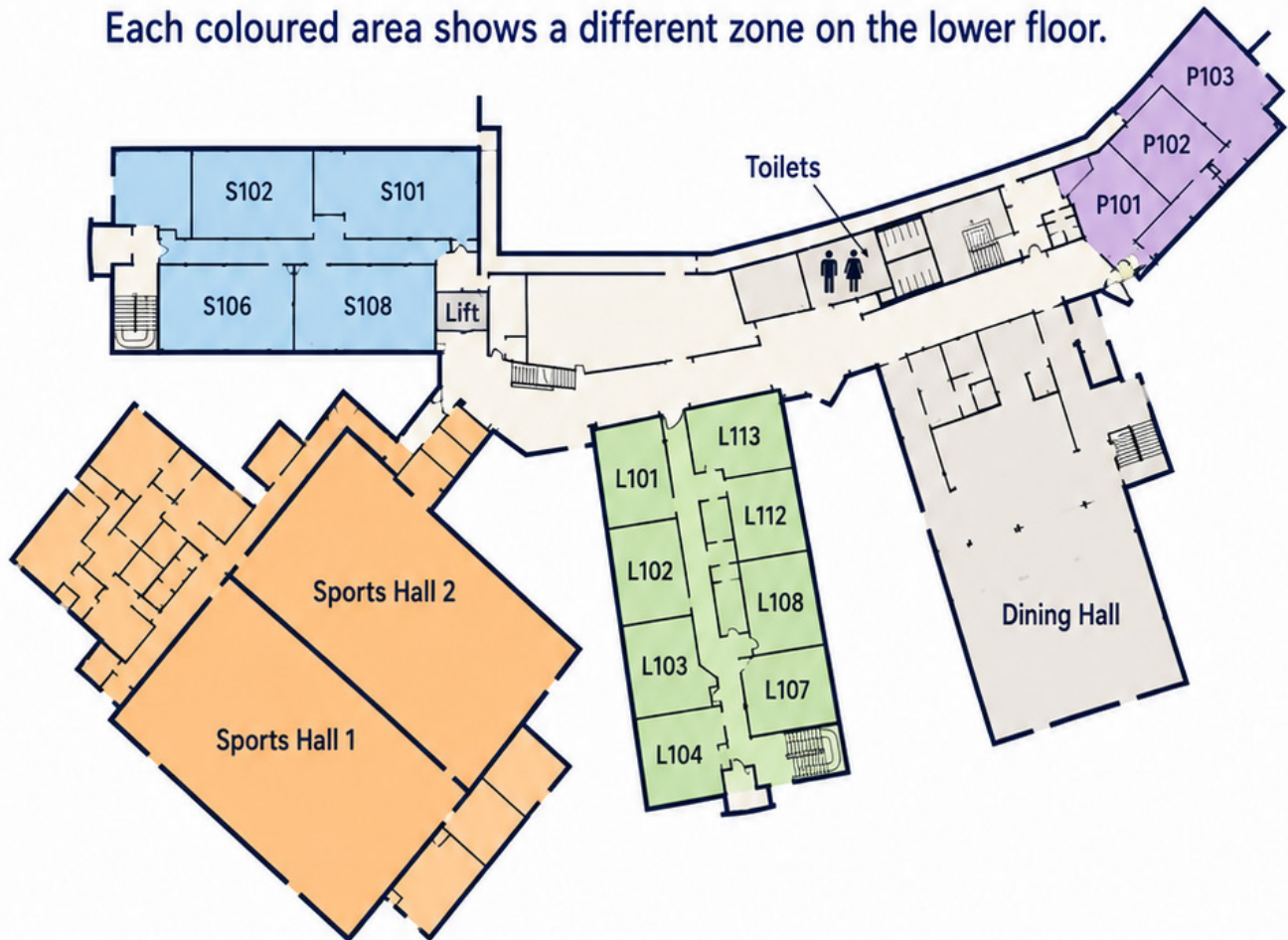
Address: Heywood Avenue
Onchan
Isle of Man
IM3 3AR

- For medical absences or appointments, email **snhsstudentabsences@sch.im**.
- Please try to make appointments outside school hours.
- Illness absences must be reported on the first day by calling **01624 648800**.
- If your child is absent for more than one day, please phone each day unless a longer absence has already been agreed.
- Students must sign out at the School Office if they have permission to leave the school site.

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FINDING YOUR WAY AROUND LOWER FLOOR

Each coloured area shows a different zone on the lower floor.



SCIENCE & TECHNOLOGY ZONE

Rooms: S101, S102, S106, S108



SPORTS ZONE

Includes: Sports Hall 1, Sports Hall 2, Physical Education



LEARNING ZONE

Rooms: L101, L102, L103, L104, L107, L108, L112, L113

Includes: English, Modern Foreign Languages



PROGRESS ZONE

Rooms: P101, P102, P103

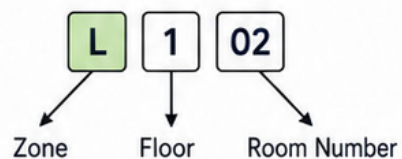
Includes: Classrooms



FACILITIES

Toilets and Dining Hall

KEY TO CLASSROOM NAMES



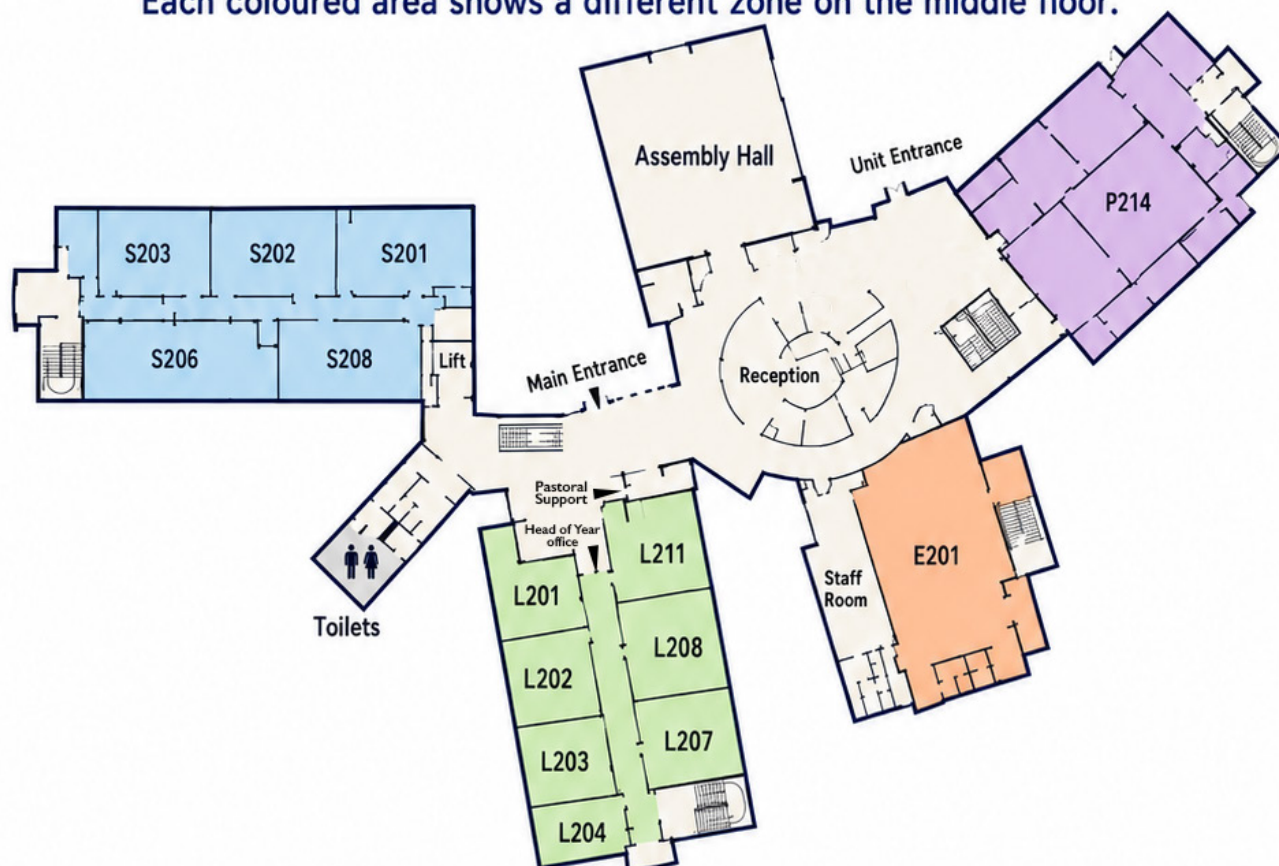
L 1 02 = Zone, Floor, Room Number



If you are not sure where to go, ask a member of staff and we will help.

FINDING YOUR WAY AROUND MIDDLE FLOOR

Each coloured area shows a different zone on the middle floor.



SCIENCE & TECHNOLOGY ZONE

Rooms: S201, S202, S203, S206, S208

Includes: Art, Ceramics, Textiles



LEARNING ZONE

Rooms: L201, L202, L203, L204, L207, L208, L211

Includes: Mathematics, ICT



PROGRESS ZONE

Room: P214

Includes: Unit, Nurture, Withdrawal, Classroom



EXPRESSIVE ARTS ZONE

Room: E201

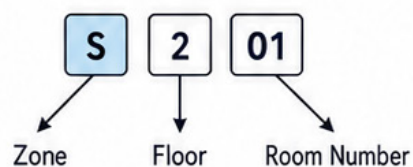
Includes: Dance / Drama Studio



FACILITIES

Toilets and Shared Spaces

KEY TO CLASSROOM NAMES



S 2 01 = Zone, Floor, Room Number

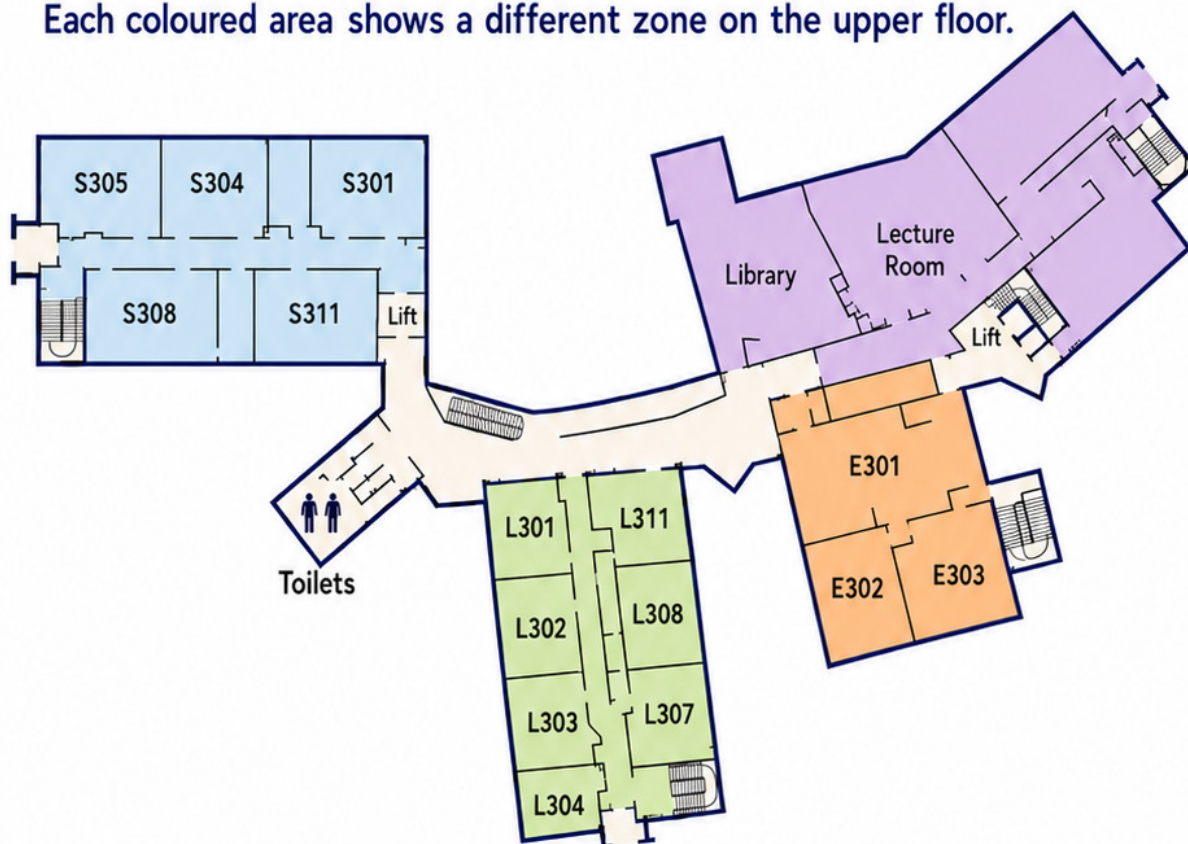


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FINDING YOUR WAY AROUND UPPER FLOOR

Each coloured area shows a different zone on the upper floor.



SCIENCE & TECHNOLOGY ZONE

Rooms: S301, S304, S305, S308, S311

Includes: Science



LEARNING ZONE

Rooms: L301, L302, L303, L304, L307, L308, L311

Includes: History, Geography, Religious Education



EXPRESSIVE ARTS ZONE

Rooms: E301, E302, E303

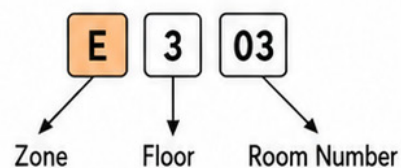
Includes: Music, Drama



FACILITIES

Toilets

KEY TO CLASSROOM NAMES



E 3 03 = Zone, Floor, Room Number



If you are not sure where to go, ask a member of staff and we will help.

OUR SCHOOL

EXPECTATIONS



BE ON TIME AND READY TO LEARN



FOLLOW INSTRUCTIONS



STAY ON TASK



SPEAK AND LISTEN CAREFULLY



RESPECT

(PERSONAL SPACE, BELONGINGS
AND THE ENVIRONMENT)

Respect • Aspire • Empower



