

Independent Learning Task

Subject	Design and Technology – Food and Nutrition module
ILP #1	Research and Revision
Week set:	Week 16 (week commencing 5 th January 2026)
Duration:	1 Week
Hand in:	Week 17 (week commencing 12 th January 2026)
Instructions:	Product Analysis Spot 5 'traffic light labels' from different food packaging. Take a picture of each label and then rank each food product healthiest to least healthy. Upload your work to the Independent Learning Task assignment in your MS Team.
Skills:	This task develops your ability to carry out independent research and develops your technical knowledge as well. These skills are needed when you are investigating design opportunities and revising for written assessments. This task will also support the development of your digital literacy by encouraging you to document your research through photography and present your findings in a digital portfolio.
Marking schema:	Your teacher will be looking for pieces of work that show you have collected research and presented information clearly. You will be awarded with 2 ePraise Points for completing activity to a good standard.
Additional guidance or help:	Online Resource - Focus eLearning by Focus Educational Software Ltd. Your teacher will share an example of good work with you.