

Independent Learning Task

Subject	Design and Technology – Food and Nutrition module
ILP #1	Research and Revision
Week set:	Week 28 (week commencing 20 th April 2026)
Duration:	1 Week
Hand in:	Week 29 (week commencing 27 th April 2026)
Instructions:	Food and Nutrition Knowledge Organiser Create a knowledge organiser for your Food and Nutrition module. You should include the following topics: 1. Working safely with high-risk ingredients 2. Kitchen equipment 3. Suggested modifications/improvements to make each dish healthier 4. Kitchen safety rules You can work on the template slide in the Independent Learning Task Assignment in your Google Classroom.
Skills:	This task develops your ability to carry out independent research and develops your technical knowledge as well. These skills are needed when you are investigating design opportunities and revising for written assessments. This assignment is also designed to develop your digital literacy.
Marking schema:	Your teacher will be looking for pieces of work that show you have collected research and presented information clearly. You will be awarded with 2 ePraise Points for completing activity to a good standard.
Additional guidance or help:	Online Resource - Focus eLearning by Focus Educational Software Ltd. Your teacher will share an example of good work with you.