	Y9 SPANISH
Subject	
ILP	Task 1- Spanish cuisine and health
Week set:	W/b 6th of October
Duration:	1 hour
Instructions:	Explore the relationship between traditional Spanish diets, ingredients, and health outcomes in various Spanish-speaking regions.
Hand in:	W/b 15th of December
Skills:	Design a meal plan incorporating healthy, affordable ingredients commonly found in Spanish cuisine. You could also research the nutritional value of specific Spanish dishes.
	Study the Health Impact of Food:
	Investigate how specific foods or food groups, such as olive oil, fruits, vegetables, and dairy, contribute to health in Spanish-speaking cultures.
	Cultural Project on Food and Health:
	Present a poster or digital tour exploring the food and health traditions of a specific Spanish-speaking country or region.
	 Vocabulary and Terminology: Learn the Spanish words for food items, food groups, and health-related concepts to effectively conduct research and present your project.
	There are two ways in which you could create the brochure.
Marking scheme:	 On a A4-A3 papersheet with your own drawings You could also do it on a Powerpoint slide or Google Slides

Additional guidance or help:	 https://www.bbc.co.uk/bitesize/articles/zdtr6rd#z86gxg8 https://www.bbc.co.uk/bitesize/articles/zdtr6rd#zhbrtcw https://www.bbc.co.uk/bitesize/articles/zdtr6rd#zjnfqyc https://www.bbc.co.uk/bitesize/guides/zr8c7nb/revision/1 Linguascope Knowledge organiser
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