

Subject	Y9 SPANISH
ILP	Task 1– Spanish cuisine and health
Week set:	W/b 6th of October
Duration:	1 hour
Instructions:	Explore the relationship between traditional Spanish diets, ingredients, and health outcomes in various Spanish-speaking regions.
Hand in:	W/b 15th of December
Skills:	<p>Design a meal plan incorporating healthy, affordable ingredients commonly found in Spanish cuisine. You could also research the nutritional value of specific Spanish dishes.</p> <ul style="list-style-type: none"> • Study the Health Impact of Food: Investigate how specific foods or food groups, such as olive oil, fruits, vegetables, and dairy, contribute to health in Spanish-speaking cultures. • Cultural Project on Food and Health: Present a poster or digital tour exploring the food and health traditions of a specific Spanish-speaking country or region. • Vocabulary and Terminology: Learn the Spanish words for food items, food groups, and health-related concepts to effectively conduct research and present your project.
Marking scheme:	<p>There are two ways in which you could create the brochure.</p> <ul style="list-style-type: none"> - On a A4-A3 papersheet with your own drawings - You could also do it on a Powerpoint slide or Google Slides
Additional guidance or help:	<ul style="list-style-type: none"> - https://www.bbc.co.uk/bitesize/articles/zdtr6rd#z86gxcg8 - https://www.bbc.co.uk/bitesize/articles/zdtr6rd#zhbrtcw - https://www.bbc.co.uk/bitesize/articles/zdtr6rd#zjnfqyc - https://www.bbc.co.uk/bitesize/guides/zr8c7nb/revision/1 - Linguascope - Knowledge organiser