



St. Ninian's HIGH SCHOOL

Scoil Ard Noo Ninian

LOWER SCHOOL (Years 7 – 9)

Heywood Avenue, Onchan

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UPPER SCHOOL (Years 10 – 13)

Ballaquayle Road, Douglas

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HEAD TEACHER Mr C. J. Coole

Our Ref: JWC/GK

1st November 2023

Dear Parent/Guardian

Re: Year 7 Dropdown Day

On Wednesday 8th November, Year 7 students will be off timetable participating in the following sessions within their Tutor Groups.

- Isle Listen – Managing Change
- Police - Consequences
- Police - Drugs and Peer Pressure
- Motiv8 – Alcohol, Drugs, Gambling and Me
- PVP – Managing Conflict
- DESC – Digital Drama/Student Voice

The move from primary to secondary school comes at a time of great change for children. As well as adapting to their new environment and developing new relationships, they are also dealing with the physical and psychological changes that the start of adolescence brings. Whilst most children adapt well to secondary school, it can be a stressful time not only for them, but also for you as parents and carers.

How can you and we help?

We can encourage our children to share their feelings, help them to respect others and connect to their school, help them to build friendships and relationships, and empower them by strengthening their confidence and independence.

Our Dropdown day will focus on these important life skills. I am certain that it will be informative and enjoyable for the students whilst further empowering them to continue their positive start to life at St. Ninian's.

Students are expected in correct school uniform and should have stationery but will not require other usual timetabled equipment. The 6 sessions will follow the normal timings of our school timetable with breaks and lunch at usual times.

If you have any questions about the day, please do not hesitate to contact me.

Yours faithfully

Mr J Cretney
Head of Year 7

Live to Learn
Learn to Live