



St. Ninian's HIGH SCHOOL

Scoil Ard Noo Ninian

Our Ref: DBE/LK/Y7Dropdown

4th October 2024

Dear Parents/ Guardians

RE: Year 7 Drop Down Day – A Positive Beginning

We are delighted to inform you of our first PSHE Drop Down Day for Year 7, which will take place on Thursday 10th October 2024.

Drop Down Days are days in which students experience a range of workshops and activities provided by experienced guest speakers from the Department of Education, Sport and Culture (DESC) and other external agencies. The aim of the day is to provide and educate students in various aspects of PSHE, an introduction to vital life skills. Agencies holding sessions on the day are:

- **Isle Listen** - a charitable initiative providing support and training in schools for the importance of communication: <https://islelisten.im/about-us>
- **Motiv8** - a non-judgemental support service educating young people to find a healthy balance of gaming when going on-line: <https://www.motiv8.im>
- **IOM Constabulary** – Local community police speaking about positive behaviour in the community: <https://www.iompolice.im/>
- **Beach Buddies** – award winning charity setting standards in beach cleaning and looking after our environment: <https://beachbuddies.org.im/about-us>
- **IOM Youth Service** – offering places to go, things to do and people to talk to for young people on the Isle of Man: <https://youth.sch.im>
- **Manx Sports and Recreation (MSR)** - committed to ensuring that all children and adults can participate in sport in a safe and enjoyable environment and stories about local sports icons: <https://msr.gov.im>

Please refer to the enclosed leaflet for further information.

Students will be required to wear their normal school uniform and will need their stationary in their bags. They will not need to bring any other books as normal lessons will not take place.

It is expected that all students attend and make good use of the discussions, workshops and time away from their usual timetable and we hope they enjoy the day. Please also note that every session is overseen by a member of St. Ninian's staff who will be supporting the guest speakers at all times.

Should you have any further queries, please do not hesitate to contact me.

Yours faithfully

Mrs D Benson

PSHE Co-ordinator

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HEAD TEACHER Mr C. J. Coole

Live to Learn
Learn to Live