



## St. Ninian's HIGH SCHOOL

Scoil Ard Noo Ninian

Our Ref: TNS/EG/GCSE Revision

3<sup>rd</sup> February 2025

Dear Student

### Re: Year 11 Revision

Following my assembly, I would like to remind you about revising for your final examinations. Remember revision is a four-step process:



Plan



Understand



Memorise



Apply

Your **plan** includes having and looking at all your exam syllabuses. These should be available in your online classrooms. You need to know all the topics/units and information you need to revise for each of your examination papers.

Next, identify specific slots in the evenings and weekends (and yes, the holidays too) where you will commit to revising. Allocate the subject and the content you are going to revise to these slots. You should plan to cover the content you found the hardest (or missed) more than the content you found easy but try to revisit all the content 2-3 times. Share this plan with your parents and ask them to help you to stick to your plan (honestly this will really help).

For the next month focus on **understanding** the content that will be on the exam papers. This step is about checking your understanding and then filling any missing gaps in your knowledge and addressing any misconceptions. Use online resources, relevant textbooks, speak with your teacher and use techniques such as sketch noting, mind mapping or funnelling to recap and understand the content you are revising.

Once you are confident that you understand the content, committing it to memory - being able to recall it quickly and accurately on demand is the next challenge. **Memorisation** takes time and commitment. You can use the techniques above or use flashcards, blookets, mnemonics, quizlets, or blurting to help motivate your brain to remember and recall key information. Recording yourself (or even better talking to your parents) about the things you must recall is a really good way to test if you are making progress.

The final stage is being able to recall the correct information and **apply** it accurately to an exam question. Your teachers will help you with this, but again it takes practice and repetition. Don't start this step too early but do leave enough time to complete past paper type questions in the run up to the exam.

The last piece of advice is to remember that being successful in exams takes sustained effort over time, so it is important to maintain a healthy lifestyle and achieve a balance between work and rest. A regular sleep pattern, a healthy diet, exercising, taking regular breaks, and being aware of your emotional state are all vital to ensure long term positive mental and physical health.

I wish you well in your revision and if you require any support with the revision steps or in maintaining positive mental and physical health and wellbeing, please do ask for help from friends, family or members of staff at school.

Yours faithfully

Mr T Smith  
Deputy Head Teacher

cc Parent/Guardian

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Live to Learn  
Learn to Live