



St. Ninian's HIGH SCHOOL

Scoill Ard Noo Ninian

Our Ref: DSW/LK/Year 11

3rd December 2025

Dear Student

Re: Year 11 Offsite Games Options – Rock Climbing

As part of our Year 11 Games provision, we have been delighted to see the fantastic engagement and effort from students currently taking part in the Jiu Jitsu block. The group have approached each session with enthusiasm, respect and maturity, and the instructors have commented on how quickly they have picked up new skills. It has been a brilliant start to our off-site activity programme and we are extremely proud of how well Year 11 have represented the school.

We are now looking ahead to the next activity block after Christmas and we are excited to offer Rock Climbing for the upcoming 6 week cycle. This will run during Games lessons from Monday 5th January 2026 to Friday 13th February 2026 at Hot Rocks Climbing Wall, Pulrose Industrial Estate.

Why Rock Climbing?

Rock climbing is an outstanding activity for building both physical and personal skills. Many of our students have never tried it before, making it a brilliant opportunity to experience something completely new in a safe, structured and enjoyable environment.

Beginner climbers will learn:

- How to safely use harnesses, ropes and climbing equipment
- Basic climbing techniques such as balance, foot placement and route reading
- Belaying skills under the guidance of qualified instructors
- How to challenge themselves at a comfortable pace
- Confidence, resilience and problem solving

Students often discover strengths they didn't know they had and rock climbing is particularly well known for boosting self-confidence and providing a refreshing mental break from academic pressure.

Details of the Rock Climbing Block

- Cost: £25 for the full 6-week block
- Location: Hot Rocks Climbing Wall, Pulrose Industrial Estate
- Staffing: Fully qualified instructors and a member of St. Ninian's PE Staff
- Maximum spaces: 20 students (allocated on a first-come, first-served basis)
- No Transport provided. Students will make their own way there at lunch time, although a member of staff will meet them somewhere on the first week and take them there so they know exactly where it is.

If your child would like to take part, please return the reply slip below to the PE Department as soon as possible. If you have already returned the previous form, we already have your name down.

Once the form is received and your child has been allocated a place, the £25 charge will be added to your ParentPay account. This must be paid in full before the course begins in order for the student to participate.

LOWER SCHOOL (Years 7 – 9)

Heywood Avenue, Onchan

Isle of Man, IM3 3AR

+44 (0) 1624 648900

UPPER SCHOOL (Years 10 – 13)

Ballaquayle Road, Douglas

Isle of Man, IM2 5RA

+44 (0) 1624 648800

WWW.SNHS.IM

HEAD TEACHER Mr C. J. Coole

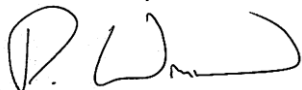
Continued...

Live to Learn
Learn to Live

We encourage as many students as possible to consider getting involved, it is an excellent chance to try something new, stay active and develop valuable skills during a crucial school year.

If you have any questions, please contact the PE Department.

Yours faithfully



Mr D Winrow
Head of Physical Education

cc Parent/Guardian

✂.....

Rock Climbing 2026 reply slip

Please return the completed slip to the PE Department by Friday 12th December 2025

Student Name.....

Tutor Group:

Date of Birth:

- ☐ I would like my child to participate in the Rock Climbing group as part of their Year 11 Games lesson.
- ☐ I agree that a cost of £25 will be added to my parent pay account and I am required to pay this before the 6 week block commences.
- ☐ I understand that my child will need to make their own way to the climbing wall at lunch time and will leave from there at the end of the school day.

Signed (Parent/Guardian):

Date: