

# YEAR 8 DROP DOWN DAY

Your child will be taking part in a Drop-Down Day designed to enrich their PSHE provision. The aim of this day is to promote an understanding of the exploitation of young people: what it is, how it can occur, and where to seek help.

## Workshops

Students will begin the day with a performance by Kensington Arts. This production follows the story of a young person who becomes involved with a new group of people and is ultimately coerced into illegal activity.

For the remainder of the day, students will rotate around the below workshops.

### IOM Constabulary

Students will learn about criminal exploitation and review local examples.

### Motiv8

This session will explore addictive behaviours and how these can make a person vulnerable to exploitation.

### Kensington Arts

This will include a debrief of the morning performance and an interactive drama workshop with the performers.

### Isle Listen

This session will examine the differences between healthy and unhealthy relationships, highlight the signs of exploitation, and build critical awareness of power dynamics.

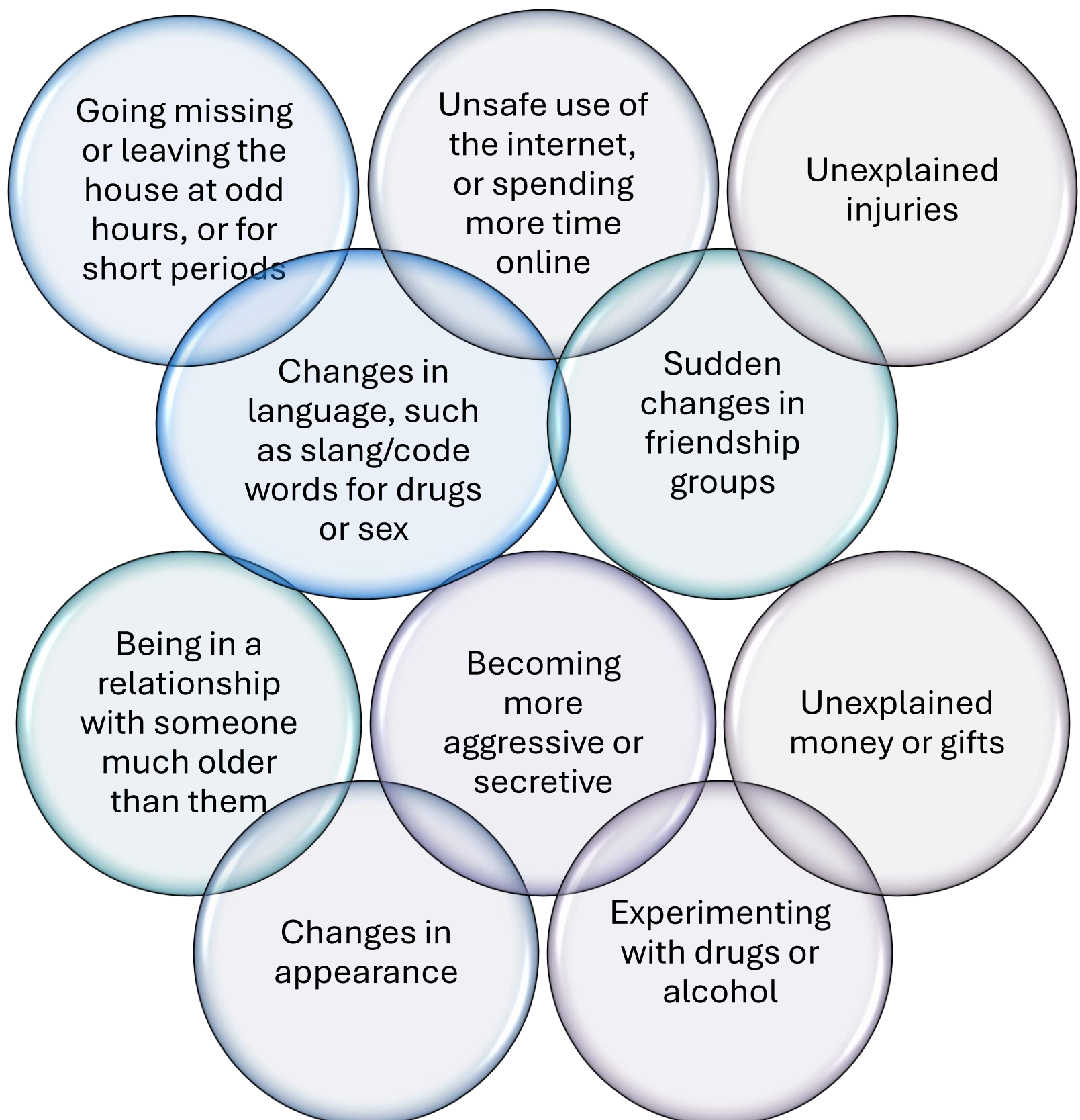
### IOM Financial Crime Partnership

Students will learn what a 'money mule' is, how criminals may try to involve them in illegal activity, and the risks associated with these behaviours. They will also learn practical strategies to stay safe and the importance of refusing involvement.

# EXPLOITATION IS

when someone takes advantage of a child for their own profit or gain.

- **Child criminal exploitation** – when a child is manipulated or pressured to take part in criminal activity, including moving money and selling drugs.
- **Child sexual exploitation** – a type of sexual abuse where someone is coerced, manipulated or pressured into sexual activity (this might be in exchange for gifts, affection, money or social status).



# WHAT CAN YOU DO?

It isn't always easy to keep track of what your child is doing or who they're speaking to. But there are steps you can take to stay connected and help keep them safe:

- **Ask questions and listen** – show genuine interest in their day-to-day life.
- **Encourage open conversations** – create a home environment where they feel comfortable sharing worries.
- **Know their friends** – both offline and online. Take an interest in who they spend time with.
- **Talk about online habits** – discuss how they use social media, gaming, and messaging apps.
- **Nurture trust** – build the kind of relationship where your child knows they can come to you if something feels wrong.

The single best thing you can do as a parent/carer is to **be present**. By staying engaged and approachable, you give your child the confidence to be honest with you and to seek your support whenever they need it.

# If you're worried about a child, there are people who can help.

## IOM Police

- In an emergency, ring 999
- For non emergencies, ring 631212 or e-mail [police@gov.im](mailto:police@gov.im)

## Children & Families

- Ring 686179 and choose option 2

Speak to the safeguarding team  
at the child's school



# Crimestoppers - Fearless

Crimestoppers, an independent charity with a local branch on the Isle of Man, have launched their 'Fearless' service, which aims to encourage young people (aged 11-18) to report any information they have relating to a crime.



Fearless provides young people with the opportunity to give information about crime **100% anonymously**.

For more information, or to anonymously report a crime, please visit the Fearless website at [Fearless.org](https://fearless.org)