



St Ninian's
HIGH SCHOOL

Respect | Aspire | Empower

EXTRA CURRICULAR SPORTS PROGRAMME

AUTUMN TERM 2026

PLAY | COMPETE | DEVELOP | BELONG

*Proud
To Be
St Ninian's*

OUR PEOPLE
OUR COMMUNITY
BRIGHTER FUTURES

MONDAY

AFTER SCHOOL CLUBS

	Rugby Year 9 Boys	DSW
	Rugby Senior Boys (Upper School)	MSK
	Hockey Senior Girls	JMI
	Hockey Year 10 Girls	BKN

TUESDAY

AFTER SCHOOL CLUBS

	Hockey Year 7 Girls	SBR
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WEDNESDAY

LUNCH CLUBS

	Basketball Upper School (All Years)	DMU
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AFTER SCHOOL CLUBS

	Rugby Year 8 Boys	PBO
	Rugby Year 10 Boys	JMI
	Hockey Year 9 Girls	SHU

THURSDAY

AFTER SCHOOL CLUBS

	Rugby Year 7 Boys	DSW
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FRIDAY

LUNCH CLUBS

	Basketball Year 7	DSW
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AFTER SCHOOL CLUBS

	Hockey Year 8 Girls	DMU
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BASKETBALL BREAK TIME CLUB

Lower School

Year 7 – 9

Mon / Thu / Fri



ALL ABILITIES WELCOME

Try something new
or develop your skills



MAKE NEW FRIENDS

Be part of a team
and meet new people



STAY ACTIVE

A great way to keep
fit and healthy



BUILD CHARACTER

Learn resilience,
teamwork and leadership



REPRESENT THE SCHOOL

Opportunities in fixtures,
competitions and events



Get Involved



RESPECT
ASPIRE
EMPOWER

IN SCHOOL | IN SPORT | FOR LIFE

*More clubs will be added
or changed after half term!*