

Upper School Menu

Week Commencing - Monday 22nd April



MENU IS SUBJECT TO CHANGE

Monday

Two pork sausages with beans or gravy 🌾

 Vegetable burger 🌾🥑

 Chip bap/wrap 🌾

 Chips, cheese, and gravy or beans 🌾🥑

 Chips & beans

Tuesday

Chinese chicken in a wrap or bap with salad or with rice and sweet & sour sauce, or chinese curry sauce 🌾🥑🌿🌾

 Chinese veg in a wrap or bap with salad or with rice and sweet & sour sauce, or chinese curry sauce 🌾🥑🌿🌾

Wednesday

Mexican beef in a wrap or bap with salad 🌾

 Mexican beef with nachos or rice 🌾

 Quorn chilli

Thursday

Chicken chunks in a bap or wrap with salad 🌾

 Chicken chunks with rice and sweet & sour sauce, or chinese curry sauce 🌾🥑🌿🌾

 Quorn nuggets as above 🌾

Friday

Hot dogs 🌾🥑

 Veg dogs 🌾

 Tomato and basil pasta bake 🌾

Prices

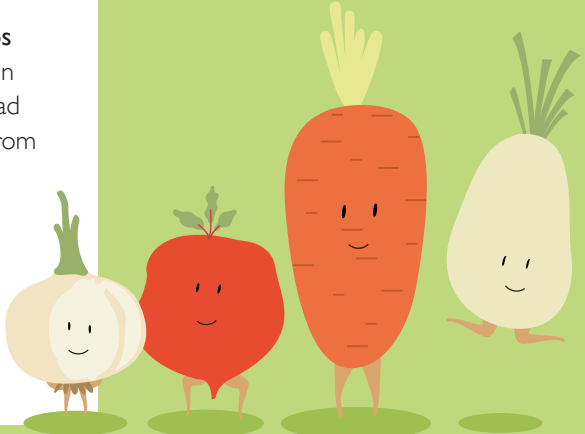
Homemade soup & roll **£1.50**
 Main meals **£2.30** (* meals **£2.40**)
 Jackets from **£1.20** with 1 filling **£1.80**
 (extra fillings **60P**, side salad **60P**)
 Fresh baps and sandwiches **£1.90**
 Fresh wraps **£2.20**
 Drinks from **65P**
 Savoury snacks from **60P**
 Biscuits & cakes from **50P**
 Fruit **35P**

The Salad Bar

Full Plate Salads
 Fresh chicken breast with choice of sauces bbq, mayo or sweet chilli, tuna, cheese, ham, chicken, all served with iceberg lettuce, fresh coleslaw, red onions, sweetcorn, tomatoes, cucumber, mixed peppers & egg.

Fresh filled baps & wraps
 Sandwiches and wraps on wholemeal or white bread with a choice of fillings from the above.

Filled jacket potatoes
 with a choice of fillings.



St. Ninian's High School wish to advise you because of the methods of cooking and ingredients used we cannot guarantee cross contamination of other allergens.