

Lower School Menu

Week commencing 15th SEPTEMBER



MENU IS SUBJECT TO CHANGE

Monday

Cod fillet fish fingers
and mushy peas chips,
beans or gravy



Vegan sausage with
chips, beans, peas or
gravy



Chips, cheese and
gravy or beans

Tuesday

Piri Piri chicken in a
wrap or bap with salad



Piri Piri chicken with
rice or jacket potato

Vegetable nuggets in a
wrap or bap with salad



Chicken korma curry
with rice or jacket
potato



Wednesday

2 pork sausage, mash,
veg Yorkshire pudding
and gravy or beans



2 vegan sausages as
above



Chinese chicken curry
with rice or jacket
potato



Thursday

Italian Beef Lasagne
with garlic bread



Quorn vegan mince
lasagne with garlic
bread



chicken tikka curry
with rice



Friday

Salt & pepper chicken in
a wrap or bap with salad



Salt & pepper chicken
with rice and sweet &
sour sauce



Vegan vegetable burger
with salad



Prices

Homemade soup & roll **£1.50**
Main meals **£2.40** (* meals **£2.60**)
Jackets from **£1.20** with 1 filling **£1.85**
(extra fillings **70p**, side salad **70p**)
Fresh baps and sandwiches **£2.00**
Fresh wraps **£2.30**
Drinks from **65p**
Savoury snacks from **60p**
Biscuits & cakes from **40p**
Fruit from **45p**

The Salad Bar

Full Plate Salads

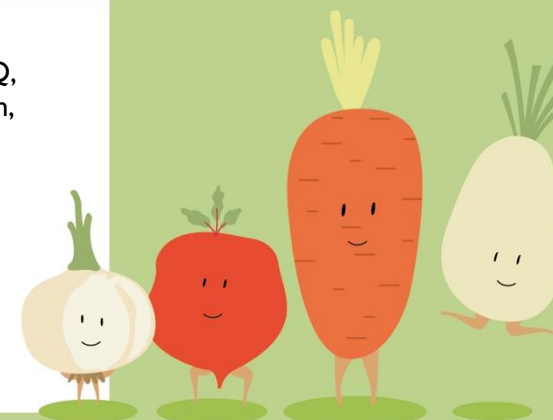
Fresh chicken breast with choice of sauces BBQ,
mayo or sweet chilli, tuna, cheese, ham, chicken,
all served with iceberg lettuce, fresh coleslaw,
red onions, sweetcorn, tomatoes, cucumber,
mixed peppers & egg.

Fresh filled baps & wraps

Sandwiches and wraps on wholemeal or white
bread with a choice of fillings from the above.

Filled jacket potatoes

with a choice of fillings.



St. Ninian's High School wish to advise you because of the methods of cooking and ingredients used we cannot guarantee cross contamination of other allergens.