

# Lower School Menu

## Week commencing 6<sup>th</sup> October 2024



MENU IS SUBJECT TO CHANGE

### Monday

Sausages with chips,  
beans or gravy



Vegetable burger



Chips, cheese and  
gravy or beans



Chip shop curry sauce  
**all allergens**

### Tuesday

Crispy shredded beef  
with chilli sauce or  
sweet & sour sauce and  
rice



Crispy shredded beef  
in a wrap and salad



Mini vegetable spring  
rolls with rice



### Wednesday

Chicken fillet with  
potato wedges,  
sweetcorn/peas and  
chicken gravy



Vegetable nuggets with  
Sweetcorn/peas and  
potato wedges and  
gravy



Chinese chicken curry  
& rice



### Thursday

Mexican chicken in a  
bap or wrap with salad



Cheesy pasty with  
beans



Chicken Korma curry  
with rice or jacket  
potato



### Friday

Steak burger in a bap  
with onions



Chinese chicken curry  
with rice or jacket  
potato



Cheese pasty with beans



### Prices

Homemade soup & roll **£1.50**  
Main meals **£2.35** (\* meals **£2.40**)  
Jackets from **£1.20** with 1 filling **£1.85**  
(extra fillings **70p**, side salad **70p**)  
Fresh baps and sandwiches **£1.90**  
Fresh wraps **£2.25**  
Drinks from **65p**  
Savoury snacks from **60p**  
Biscuits & cakes from **40p**  
Fruit from **40p**

### The Salad Bar

#### Full Plate Salads

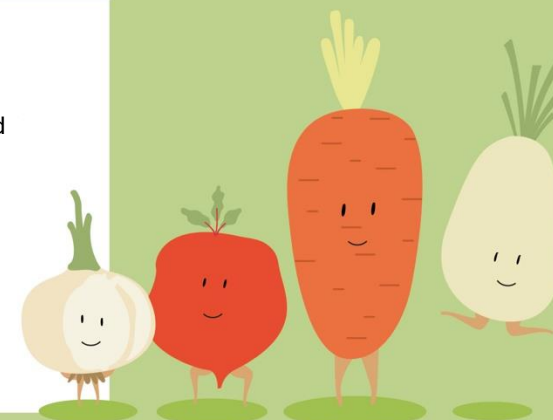
Fresh chicken breast with choice of sauces BBQ, mayo or sweet chilli, tuna, cheese, ham, chicken, all served with iceberg lettuce, fresh coleslaw, red onions, sweetcorn, tomatoes, cucumber, mixed peppers & egg.

#### Fresh filled baps & wraps

Sandwiches and wraps on wholemeal or white bread with a choice of fillings from the above.

#### Filled jacket potatoes

with a choice of fillings.



St. Ninian's High School wish to advise you because of the methods of cooking and ingredients used we cannot guarantee cross contamination of other allergens.