

# Lower School Menu

Week commencing 3<sup>rd</sup> November 2025



MENU IS SUBJECT TO CHANGE

## Monday

Two pork sausages with chips, beans or gravy 🌱🥕🥔  
 .....  
 Vegetable burger in a bap and salad 🌱🥕  
 .....  
 Chips, cheese and gravy or beans 🌱🥕  
 .....  
 Chip shop curry sauce  
**all allergens**

## Tuesday

Meatballs in a wrap or bap with salad 🌱  
 .....  
 Meatballs with Pasta and tomato & basil sauce 🌱  
 .....  
 Veggie meatballs with Pasta and tomato & basil sauce 🌱  
 .....  
 Chicken korma curry with rice or jacket 🌱

## Wednesday

Indian chicken tikka in a wrap or bap and salad 🌱🥕  
 .....  
 Indian chicken tikka with rice or jacket potato 🌱  
 .....  
 Vegetable Tikka Curry with Rice or Jacket Potato

## Thursday

Cheesy Pasta Bake 🌱🥕  
 .....  
 Tomato Pasta Bake 🌱  
 .....  
 Chicken Korma Curry with rice or jacket 🌱  
 .....

## Friday

BBQ chicken in a wrap, bap or sandwich 🌱  
 .....  
 BBQ chicken with rice or jacket  
 .....  
 Vegetable nuggets & rice or in a wrap 🌱  
 .....  
 Chicken Tikka Curry with rice or jacket 🌱

## Prices

Homemade soup & roll **£1.50**  
 Main meals **£2.40** (\* meals **£2.60**)  
 Jackets from **£1.20** with 1 filling **£1.85**  
 (extra fillings **70p**, side salad **70p**)  
 Fresh baps and sandwiches **£2.00**  
 Fresh wraps **£2.30**  
 Drinks from **65p**  
 Savoury snacks from **60p**  
 Biscuits & cakes from **40p**  
 Fruit from **45p**

## The Salad Bar

### Full Plate Salads

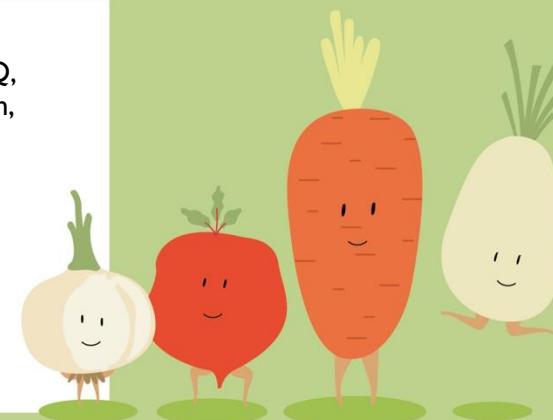
Fresh chicken breast with choice of sauces BBQ, mayo or sweet chilli, tuna, cheese, ham, chicken, all served with iceberg lettuce, fresh coleslaw, red onions, sweetcorn, tomatoes, cucumber, mixed peppers & egg.

### Fresh filled baps & wraps

Sandwiches and wraps on wholemeal or white bread with a choice of fillings from the above.

### Filled jacket potatoes

with a choice of fillings.



St. Ninian's High School wish to advise you because of the methods of cooking and ingredients used we cannot guarantee cross contamination of other allergens.