

Upper School Menu

Week commencing 19th Jan 2026



MENU IS SUBJECT TO CHANGE

Monday

Indian Chicken
With rice and Tikka
Sauce 🍛 🍌
.....
Chicken in a wrap, bap
or sandwich 🍌
.....
Vegan Indian Chicken
with rice and tikka
sauce 🍌

Tuesday

Mac Cheese bites,
chips, beans, curry,
gravy 🍌
.....
Chips, cheese,
gravy/beans 🍌 🍌
.....
Chip shop curry sauce
all allergens

Wednesday

Tomato & Basil pasta
bake 🍌
.....
Cheesy pasta bake 🍌
.....
Chicken korma curry
with rice 🍌

Thursday

Chicken Burger in a
bap or sandwich 🍌
.....
Chicken burger rice
and Chinese Curry
Sauce. 🍌 🍌
.....
Veg Burger in a bap
or with rice and
chinese curry sauce
🍌 🍌

Friday

Meat balls in a wrap or
bap 🍌
.....
Meatballs with rice or
jacket
.....
Vegan Balls with rice 🍌
.....
Chicken tikka with rice
or jacket 🍌

Prices

Main meals **£2.35** (* meals **£2.40**)
Jackets from **£1.20** with 1 filling **£1.85**
(extra fillings **70p**, side salad **70p**)
Fresh baps and sandwiches **£1.90**
Fresh Homemade soup & roll **£1.50**
wraps **£2.25**
Drinks from **65p**
Savoury snacks from **60p**
Biscuits & cakes from **40p**
Fruit **35p**

The Salad Bar

Full Plate Salads

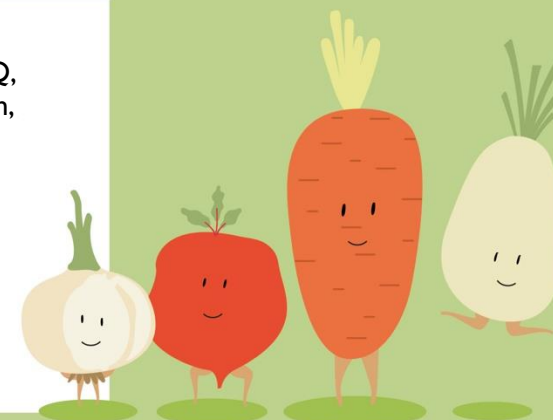
Fresh chicken breast with choice of sauces BBQ, mayo or sweet chilli, tuna, cheese, ham, chicken, all served with iceberg lettuce, fresh coleslaw, red onions, sweetcorn, tomatoes, cucumber, mixed peppers & egg.

Fresh filled baps & wraps

Sandwiches and wraps on wholemeal or white bread with a choice of fillings from the above.

Filled jacket potatoes

with a choice of fillings.



St. Ninian's High School wish to advise you because of the methods of cooking and ingredients used we cannot guarantee cross contamination of other allergens.