

Upper School Menu

Week commencing 21st Sept 2026



MENU IS SUBJECT TO CHANGE

Monday

Jumbo Sausage roll
with chips or beans or
gravy



Chips and cheese &
beans or gravy



Vegan sausage roll
with chips or beans
or gravy



Tuesday

chicken Goujons in a
wrap or bap



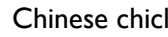
Vegetable stir fry with
rice

Chicken Goujons with
rice and thai sweet
chilli sauce



Wednesday

Chinese Chicken Fried
rice in a wrap or bap



Chinese chicken Fried
rice with curry sauce,



Vegan salt & pepper
chicken with rice or
jacket potato

Thursday

Cheesy pasta bake



Chicken Tikka curry
with rice or jacket
potato



Stuffed peppers

Friday

Steak Burger in a bap
with onions



Cheese and onion pasty



Chinese chicken curry



Prices

Homemade soup & roll **£1.60**

Main meals **£2.50**

Jackets from **£1.30** with 1 filling **£2.10**
(extra fillings **70p**, side salad **70p**)

Fresh baps and sandwiches **£2.00**

Fresh wraps **£2.40**

Drinks from **70p**

Savoury snacks from **£1.00**

Biscuits & cakes from **40p**

Fruit from **50p**

The Salad Bar

Full Plate Salads

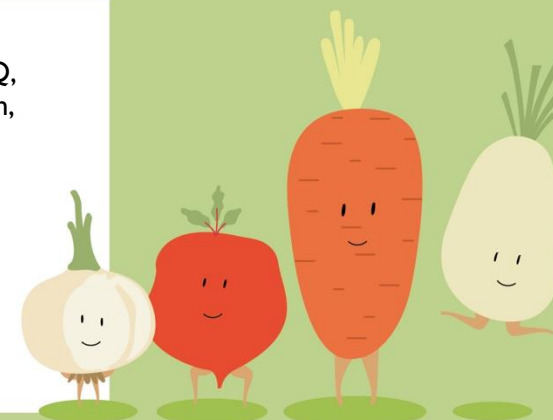
Fresh chicken breast with choice of sauces BBQ,
mayo or sweet chilli, tuna, cheese, ham, chicken,
all served with iceberg lettuce, fresh coleslaw,
red onions, sweetcorn, tomatoes, cucumber,
mixed peppers & egg.

Fresh filled baps & wraps

Sandwiches and wraps on wholemeal or white
bread with a choice of fillings from the above.

Filled jacket potatoes

with a choice of fillings.



St. Ninian's High School wish to advise you because of the methods of cooking and ingredients used we cannot guarantee cross contamination of other allergens.